



World Ostomy Day

Celebrating our Australian Ostomy Community

Saturday 2nd October 2021

12 midday Australian Eastern Standard Time (AEST) by Zoom
90 minutes of entertainment and information

Your MC: Luke Escombe

Musician, Singer-Songwriter, Entertainer and Comedian;
Crohns and Colitis Australia Ambassador

▲ Acknowledgement of Country – Carol Quast, Director NSW Stoma Ltd

▲ Opening address – Dr. Allen Nash, President ACSA

▲ A-Z of Living with a Stoma – Anne Marie Lyons – Clinical Nurse Specialist, Stomal Therapy Nurse

▲ Hydration: The benefits for ALL ostomates – Margaret Allan – Nutritionist

▲ Why I Should See a Stoma Nurse – Dr. Vicki Patton – Stomal Therapy Nurse

▲ Exercising with a Stoma – Anna Minchin – Exercise Physiologist – Balanced Bodies Lifestyle Clinic

▲ Feedback from ACSA Member Survey – Dr. Allen Nash, President ACSA

▲ Lucky door prizes for attendees

The event will be recorded. Attendees will be asked to mute and turn off cameras.

Register for this webinar here:

https://us02web.zoom.us/webinar/register/WN_iAdbAXabTUGzeQwa_vbTzQ

After registering, you will receive a confirmation email containing information about joining the webinar.

Registrations are limited so get in early!

Registrations close: 27th September

Contact details will only be used to register you for this event and to contact prize winners.

Prize winners must be present over zoom in order to win a prize.

This event is brought to you by NSW Stoma Ltd on behalf of:

- ▲ Coloplast
- ▲ Liberty Medical – Hollister & Dansac
- ▲ Omnigon
- ▲ Australian Council of Stoma Associations
- ▲ NSW Stoma Ltd
- ▲ Ostomy NSW Ltd
- ▲ Ostomy Tasmania Inc
- ▲ Queensland Stoma Association Ltd
- ▲ Victorian Children's Ostomy Association

- ▲ Ostomy Association of Melbourne Inc
- ▲ The Ileostomy Association of South Australia
- ▲ ACT & Districts Stoma Association Inc
- ▲ WA Ostomy Association Inc
- ▲ Ostomy Association of South Australia Inc
- ▲ Geelong Ostomy Association Inc
- ▲ Wide bay Ostomates Association Inc
- ▲ Warrnambool Ostomy Association Inc

And your stoma association